

Calm Down
Corner

Social and



Emotional



Development



Resources
(Storybooks)



Our children live in a rapidly evolving world, requiring them to be resilient and adaptable. Recognising this, both the Early Years Development Framework (EYDF) 2023 and Nurturing Early Learners (NEL) 2022 Framework place increased emphasis on developing social and emotional competencies. Research shows that focusing on children's social and emotional development promotes positive self-identity and responsible decision-making. Through developing these competencies, children learn effective communication, relationship building, respect for others and self-regulation. These positive relationships form the foundation for them to address challenges effectively and lead fulfilling lives.

Storytelling serves as a powerful teaching strategy to develop children's social and emotional competencies, creating meaningful learning experiences across diverse contexts. This curated list of over 100 storybooks, for children from birth to six years old, aims to support Early Childhood (EC) educators in planning and implementing children's social and emotional learning experiences.

The resources are organised according to the five social and emotional competencies, as presented in EYDF 2023 and NEL Framework 2022, that contribute to children's personal and social well-being:



To facilitate easy access, the storybooks within each competency are arranged by age group. Details such as book titles, authors, summaries and hyperlinks to catalogues and eBook platforms have also been incorporated.

Educators are encouraged to refer to the storytelling strategies outlined in the NEL Educators' Guide for Values, Social and Emotional Competencies and Learning Dispositions, as well as the EYDF Educators' Guide, Volume 3: Supporting Children in their Areas of Development, when using these storybooks. Through intentional planning of meaningful learning experiences and responsive interactions with the children through storytelling, you lay a strong foundation for their social and emotional development.



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- Ministry of Culture, Community and Youth
- Ministry of Education
- National Library Board



Self-Awareness

Social and Emotional Competency 1



About me

0 - 3
Years Old

01. Who Am I?: Mirror & Me

Author: Baby Einstein (Rolling Meadows, Ill.)

Who is that in the mirror? It's me! This sturdy book comes with interactive story pages that look different every time readers make a new face in the mirror.

Where to find:  NLB Catalogue

02. Who Am I?

Author: Jeffrey Turner

A rabbit pretends to be every other animal in this story which also acts as an interactive game with a new animal mask and animal sound on every page.

Where to find:  NLB Catalogue  eBook

03. I Am a Baby

Author: Kathryn Madeline Allen

"I am a baby, this is my crib, this is my high chair, this is my bib." Photos of happy babies and encouraging words for every child and caregiver.

Where to find:  NLB Catalogue  eBook

04. Hello, Hands!

Author: Aya Khalil

From saying hello to playing peekaboo, join baby in discovering what tiny hands can do.

Where to find:  NLB Catalogue  eBook

 represents resources with hyperlinks embedded

05. The Belly Song

Author: Mother Moon

This book's message about love, acceptance, and kindness to our bodies is suitable for babies and toddlers.

Where to find:  NLB Catalogue

06. Eyes, Ears, Nose and Toes

Author: Sophie Aggett

The little ones in the story are playing peekaboo, and young readers can search for the children by finding their eyes, ears, noses, and toes!

Where to find:  NLB Catalogue

07. Me

Author: Matthew Oldham

Each page of this book presents a different child pointing to a different part of their body, from nose to bottom. A peep-through hole on each page shows a cheeky teddy bear mimicking the poses.

Where to find:  NLB Catalogue

08. Body

Author: Stella Baggott

Babies and toddlers will learn new words on every page, for parts of the body, as well as actions, senses and emotions.

Where to find:  NLB Catalogue

09. My Face and My Body

Author: Liesbet Slegers

This book is filled with recognizable images of the face and body and descriptions of what to do with them: You see with your eyes. You can smell with your nose, and so on.

Where to find:  NLB Catalogue

10. My Body

Author: Jill McDonald-Gomez

Young children are fascinated by their eyes, ears, nose, fingers, and toes. Now here's a board book that teaches toddlers all about the human body, with shapes, sizes, colors, and super-simple facts.

Where to find:  NLB Catalogue



11. The Things I Love About Me

Author: Tracey Moroney

There are so many things to love about being you. From your fingers and your toes and your smile to your dreams for the future. This book celebrates the everyday situations that form the basis of our children's experiences.

Where to find:  NLB Catalogue 

12. I Can Do It!

Author: Leanna Koch

From getting dressed to helping out, it's fun to do things independently. Discover all the tasks a young boy can do, together with his dog, Spot, as he enjoys a day full of responsibility at home and at school.

Where to find:  NLB Catalogue 

13. My Hands Can!

Author: Ammi-Joan Paquette

Written in a lyrical, affectionate tone, and illustrated in bright, warm colors, this book celebrates bodies everywhere, aiming to spark wonder, love, and respect for everything hands can do.

Where to find:  NLB Catalogue  eBook  

14. My Body and Me: My First Body Positivity Book

Author: Ceece Kelley

An empowering celebration of bodies, promoting body positivity such as gratitude for our puffy cheeks that help us eat; strength in our round bellies that help store our food; pride in our natural hair; appreciation for the color of our skin; and more.

Where to find:  NLB Catalogue  eBook  

15. I Love Me

Author: Sally Morgan

Celebrate individuality and joyous self-esteem, in bouncy, rhythmic prose and riotous colour with this book.

Where to find:  NLB Catalogue  eBook  





- **Being part of a socio-cultural group (e.g. family and community, festivals, customs and traditions, costumes, food, events, National Day)**

3 - 4
Years Old

16. 变变变，变成... (Change, Change, Change, Let's Turn Into...) 

Author: 李琮君 Lee Keng Chin

A father and daughter engage in imaginative play using recycled cardboard boxes. Together, they creatively transform these simple materials into various modes of transport.

17. **Ke Rumah Nenek (To Grandma's House)** 

Author: Nur Izziana Kamaruddin

A young girl and her grandmother engage in making traditional Malay snacks together. The family gather to enjoy the snacks, expressing gratitude to grandmother for her culinary expertise and effort.

18. **Terbang Tinggi (Fly High)** 

Author: Nur Izziana Kamaruddin

The story is about a girl who went to his grandfather's place to make a kite from scratch. It illustrates the process of kite-making.

19. **பொங்கலோ பொங்கல்! (Pongalo Pongal)** 

Authors: Usha Janarth and Thaajunisah Maidin

The family of ants notices a pack of jaggery lying on a dining table. The story shares about Pongal, a traditional Indian festival and the delicious food items for the festival.

20. **கண்மணிக்குக் கம்மல் (Kanmanikku Kammal)** 

Authors: Usha Janarth and Thaajunisah Maidin

The story centres on young Kanmani's ear-piercing ceremony. It depicts the family's lively preparations and Kanmani's traditional ensemble, including the paavadai, highlighting the anticipation surrounding this important milestone in her life.

21. 找到了! (Found It!) 

Authors: 洗毓婷 Sin Yue Ting Meliss and 戴綵翥 Teh Chai Choo

The narrative follows a father's outing with his two children to the Singapore Botanic Gardens. As they wander through the lush grounds, the siblings eagerly investigate the diverse natural wonders around them.

22. 我都想吃! (I Want to Eat Them All!) 

Author: 王佩芬 Wong Pei Fen

A grandmother takes her grandson to a local hawker centre to purchase breakfast. Through various Singaporean dishes like Chinese pancake, Indian roti prata, and Malay kuih, different geometric shapes are introduced.

23. **停电的夜晚 (A Night of the Power Outage)** 

Author: 洗毓婷 Sin Yue Ting Melissa

A multigenerational family experiences a blackout in their HDB flat. A large torch allows the family members to take turns creating various shadow figurines, transforming the unexpected event into an enjoyable bonding experience.

24. **மகிழ்வுட்டும் அக்கம்பக்கம் 邻里好好玩! Seronokonya Kejiranan Saya! (Delightful Neighbourhood)** 

Author: Wee Khang Ping

The story follows Raghu and his family as they travel home by bus, observing various neighbourhood landmarks along the way.

- **Being part of a socio-cultural group (e.g. Family and community, festivals, customs and traditions, food, events, National Day, costumes)**



25. At the End of the Day

Author: Lisl H. Detlefsen

A story about a busy, exhausted, and loving family dealing with one obstacle after another in the run-up to bedtime, in the spirit of Alexander and the Terrible, Horrible, No Good, Very Bad Day.

Where to find:  NLB Catalogue

26. You Will Do Great Things

Author: Amerie

A young boy gazes at family photos and imagines venturing into unexplored worlds, forming deep connections with his multicultural heritage.

Where to find:  NLB Catalogue

27. My Mum is a Lioness

Author: Swapna Haddow

Is Mum a lioness? What else could Mum be but a lioness? But sometimes, especially when her young ones are upset or scared, a lovely, warm, protective lioness embrace is just what is needed.

Where to find:  NLB Catalogue

28. Chloe's Lunar New Year

Author: Lily LaMotte

It's almost Lunar New Year, and Chloe can't wait to celebrate! Chloe enjoys the festive celebration and yummy food, but most of all, she loves spending time with her family.

Where to find:  NLB Catalogue

29. The Lunar New Year Surprise

Author: Jade Wang

Children will learn what makes the Lunar New Year special, from the preparation responsibilities, to the celebratory new moon signifying the first day of the holiday, and the festivities that continue in the following weeks.

Where to find:  NLB Catalogue  eBook

30. Kamala

Author: Louise Emillie

Kamala is a young Indian girl going about her day in school. Just like the different colours Kamala uses to celebrate the Festival of Colours, differences should be embraced because it creates something beautiful.

Where to find:  eBook

31. Guru-Guru

Author: Lin Shicong

Guru-Guru (the sound of 'bubbling' in Mandarin) simulates the sound of food boiling in a hotpot. This sound, coupled with the aroma, implies that family and friends are getting around for a meal.

Where to find:  eBook 

32. Jie Jie's Wedding

Author: Megan Mulia

The story is about Ai Lin and her sister's wedding day. It depicts the many different wedding traditions in the Chinese culture.

Where to find:  eBook 

Resilience and positive attitudes

33. Jabari Tries

Author: Gaia Cornwall

Jabari is inventing a machine that will fly all the way across the yard! But making it go from CRASH to WHOOSH will take grit, patience, and maybe even a little help from his sister.

Where to find:  NLB Catalogue 

34. Francis Discovers Possible

Author: Ashlee Latimer

Francis has chosen the letter "p" but while reviewing the letter "f", one of her classmates comes up with "fat" and associates it with Francis which makes her sad and withdrawn.

Where to find:  NLB Catalogue 

35. The Thing Lou Couldn't Do

Author: Ashley Spires

Lou is procrastinating, making excuses, imagining alternatives and denying she cares. Ultimately, she faces her fear, and although she fails, the effort empowers her, encouraging a growth mindset.

Where to find:  NLB Catalogue  eBook  

36. Hugo and the Impossible Thing

Author: Renée Felice Smith

All the forest animals know it is impossible to make it through the Impossible Thing, but a small dog named Hugo is determined to try, inspiring hope in his friends.

Where to find:  NLB Catalogue  eBook  



37. The Wobblysauros

Author: Rachel Bright

Wobblysauros can't wait to ride on her first bicycle with all her friends. But every time she sets off her new wheels, she falls! A word from a wise Grannysaurus reminds her that when you really want something, it's always worth trying again.

Where to find:  NLB Catalogue 

Sense of autonomy to make choices

38. Taco Falls Apart

Author: Brenda Miles

This book aims to help little ones understand common thinking mistakes and how unhelpful self-talk can get in the way of feeling strong and confident.

Where to find:  NLB Catalogue  eBook  

39. The Big Cheese

Author: John Jory

When the annual Cheese-cathlon comes around, the Big Cheese is prepared to win. But what happens when the quiet new kid comes out on top? Will a slice of humility help the Big Cheese discover that some things are better than being the best?

Where to find:  NLB Catalogue  eBook  

40. Lupe Lopez: Reading Rock Star!

Author: e.E. Charlton-Trujillo

Lupe Lopez has a lot to learn to reach her goal of becoming a Reading Rock Star. Lupe Lopez enters first grade seeking a new sort of fame, ready to rock and roll straight into the role of Reading Rock Star!

Where to find:  NLB Catalogue  eBook  

41. The Perfect Sushi

Author: Emily Satoko Seo

When Miko makes lopsided sushi for grandmother's birthday, she replaces it with perfectly formed sushi created by a restaurant robot. Join Miko in discovering that kokoro (heart) is the key ingredient to the perfect present.

Where to find:  NLB Catalogue  eBook  

42. I Love Everything About Me

Author: Fatima Scipio

There are a million and seven things to love about you! Discover all the neat, sweet, and sometimes off-beat things that make you happy.

Where to find:  NLB Catalogue  eBook  



Self-Management

Social and Emotional Competency 2



Emotions

0 - 3
Years Old

01. How Do You Feel?

Author: Lizzy Rockwell

Do you feel happy? Sad? Silly? Angry? This books helps children and their caregivers talk about feelings!

Where to find:  NLB Catalogue

02. I Love You to the Moon and Back

Author: Amelia Hepworth

The sun rises, and a bear and cub begin their day together. They splash in the water, climb mountains, watch the colorful lights in the shimmering sky, and play with friends.

Where to find:  NLB Catalogue

03. Learning With Llama Llama. Feelings

Author: Anna Dewdney

Llama Llama experiences the universal highs and lows as he gets ready for bed. This book about feelings helps children learn about their emotions and why they might feel a certain way.

Where to find:  NLB Catalogue

04. The Colour Monster

Author: Anna Llenas

One day, Colour Monster wakes up feeling very confused. His emotions are all over the place; he feels angry, happy, calm, sad and scared all at once!

Where to find:  NLB Catalogue

05. ABCs of Feelings

Author: Diane Alber

Name your feelings from A to Z! Help babies and toddlers learn their feelings, letter by letter!

Where to find:  NLB Catalogue

 represents resources with hyperlinks embedded

06. The Worrysaurus

Author: Rachel Bright

It's a beautiful day and Worrysaurus has planned a special picnic. But it isn't long before a small butterfly of worry starts fluttering in his tummy. With a little help, Worrysaurus finds a way to chase his fears away, and find peace and happiness in the moment at hand.

Where to find:  NLB Catalogue

07. My First Book of Feelings

Author: Piroddi, Chiara, 1982-

Learn about feelings like anger, sadness, and disgust. Children are encouraged to interact independently with this book, using a finger to trace the shape of the mouth associated with different feelings.

Where to find:  NLB Catalogue

Effects (positive or negative) of words/actions on themselves and others

08. Kindness Rules!

Author: Eunice Moyle

This book to good manners offers many fun teaching moments, from saying "please" and "thank you" to sharing and being kind to others.

Where to find:  NLB Catalogue  eBook

09. Kindness Makes Us Strong

Author: Sophie Beer

Whether we share a toy or include someone in a game, all acts of kindness make the world a better place. Kindness is doing what you can, where you are, with what you have.

Where to find:  NLB Catalogue

10. Be Kind

Author: Pat Zietlow Miller

When Tanisha spills her grape juice, her classmate wants to make her feel better. This story explores what kindness is, and how any act, big or small, can make a difference

Where to find:  NLB Catalogue  eBook

11. The Rainbow Fish

Author: Marcus Pfister

A glittering fish makes friends when he learns to share. The worldwide bestseller is adapted for the youngest readers.

Where to find:  NLB Catalogue

12. The Rabbit Listened

Author: Cori Doerrfeld

When Taylor's block castle is destroyed, all the animals think they know just what to do, but only the rabbit quietly listens to how Taylor is feeling.

Where to find:  NLB Catalogue  eBook

Management of anger and frustration by practicing self-calming techniques

13. I Am a Peaceful Goldfish

Author: Shoshana Chaim

Two children learn how to settle their feelings with imaginative breathing techniques. This book shows fun ways to be mindful, relieve anxiety, and regain control over bodies and actions.

Where to find:  NLB Catalogue

14. Don't Make Me Cross!

Author: Smriti Prasad-Halls

It's Little Monster's birthday and his friends are coming to his party. But it's not much fun playing party games with someone who always has to win... or having birthday tea with someone who wants ALL the food for himself.

Where to find:  NLB Catalogue  eBook

15. Why Do I (Sometimes) Feel Angry?

Author: Katie Daynes

Everybody feels angry at times. Explore where angry feelings come from, what to do if you feel like exploding, and how you can feel more calm.

Where to find:  NLB Catalogue

16. Little Thor Gets Mad

Author: Victoria Watson Nguyen

When Loki knocks over the city of blocks Thor has built, Thor gets VERY mad. Should Thor use his hammer to destroy everything around him?

Where to find:  NLB Catalogue  eBook

17. The Big Scream

Author: Kirsti Call

Everyone has bad days, and it's okay to be sad and upset sometimes. In this story, little ones will learn how to pause, breathe in, and calm down. Sometimes the best medicine to cure a big bad scream is a little dose of big love.

Where to find:  NLB Catalogue  eBook

18. 神奇的气球 (The Wondrous Balloon) 

Author: 洗毓婷 Sin Yue Ting Melissa

Jiajia's day begins poorly, with her waking up in a bad mood. Her negative emotions, symbolised by a red balloon, intensify as she rushes to prepare for school and faces conflict with classmates.

Talking and reasoning with friends instead of hitting/shouting during disagreement

19. I Can Be Calm

Author: Hailey Scragg

Minnie Mouse feels calm by doing some yoga. Chip and Dale feel calm by giving someone a hug. Readers can discover all the fun things to do to feel calm too.

Where to find:  NLB Catalogue 

20. Sometimes I Am Furious

Author: Timothy Knapman

Life is all fun and games when everything's going your way. But some days, suddenly, something becomes horribly UNFAIR. As this little girl discovers, it's nothing that a deep breath, a happy song and a good cuddle can't sort out.

Where to find:  NLB Catalogue 

21. The Way Champs Play

Author: Naomi Osaka

Naomi Osaka shares key steps to becoming a true champ, including being kind, working as a team, doing your best, and most importantly, having fun.

Where to find:  NLB Catalogue 

22. You Know How to Love

Author: Rachel Tawil Kenyon

A celebration of the power we all have inside of us to be loving and kind. This book celebrates the power we all have to love, and to use that love to make the whole world a better, kinder, more welcoming place.

Where to find:  NLB Catalogue  eBook  

23. Monster Meditation: Being Patient With Cookie Monster

Author: Random House

Cookie Monster learns simple meditation techniques and plays a fun game to help him be more patient.

Where to find:  NLB Catalogue

24. Sometimes It's Hard to Be Nice

Author: Maggie C Rudd

Sometimes being nice means being patient with your little brother who doesn't know how to treat your favourite things. Being nice takes practice, and that's okay.

Where to find:  NLB Catalogue  eBook

25. Sometimes I Grumblesquinch

Author: Rachel Vail

A sweet and touching exploration of the scariness of BIG feelings and overcoming the pressures to do everything "just right".

Where to find:  NLB Catalogue  eBook

26. I Want to Be Mad for a While!

Author: Barney Saltzberg

This book empowers children on the topic of anger, letting them know that it's okay to feel mad sometimes.

Where to find:  NLB Catalogue  eBook



Social Awareness

Social and Emotional Competency 3



Everyone is unique - backgrounds, abilities, needs and/or opinions

0 - 3
Years Old

01. The Same But Different Too

Author: Karl Newson

There's something about each of us that makes us special. But while everyone is unique, we all have many things in common as well. Explore the ways that we are all the same but different, too, in this celebration of individuality and camaraderie.

Where to find:  NLB Catalogue

02. Cookie Kindness

Author: Melanie Demmer

This board book celebrates all the flavors of diversity and teaches us that being kind to one another is what truly matters.

Where to find:  NLB Catalogue

03. You're All Kinds of Wonderful

Author: Nancy Tillman

We're not all the same. Thank goodness we're not. This book shows us that part of growing up is discovering and embracing what makes us unique.

Where to find:  NLB Catalogue  eBook

04. No Matter What... We All Belong

Author: Becky Davies

This book is about diversity, presenting the message that every person belongs, no matter what our differences may be.

Where to find:  NLB Catalogue

05. Just Like You

Author: Anne Wynter

When their family prepares for a picnic, little Toddler tries to help. They want to do everything the grownups are doing, but the results are not ideal. Mud, lemon juice, and water end up everywhere!

Where to find:  NLB Catalogue  eBook

Importance of showing respect towards people

06. I Make Space

Author: Sara Cassidy

A straightforward board book about setting boundaries for yourself and respecting the boundaries of others.

Where to find:  NLB Catalogue

07. Magic Words

Author: Elena Ulyeva

Children can learn the key magic words and phrases – hello and good-bye, please and thank you, and I'm sorry and excuse me – with the help of the animal characters in these three short stories.

Where to find:  NLB Catalogue

08. Mind Your Manners, Dinosaurs!

Author: Danielle McLean

Follow along as each dinosaur shows off their mealtime manners in a fun and accessible way. Help toddlers learn manners and..."please" "thank you" and more.

Where to find:  NLB Catalogue

09. We Share This School: A Community Book

Author: Dan Saks

Through a handful of school scenarios, young readers will understand what it means to be a part of a school community and celebrate how to share with and care for one another.

Where to find:  NLB Catalogue  eBook

10. Little Dinos Don't Bully

Author: Christianne C. Jones

Little Dino can seem frightening to the other children, but she works hard on practicing positive behaviors, and always tries to be a friend.

Where to find:  NLB Catalogue  eBook

11. Say Please, Little Monster!

Author: Sandra Magsamen

Told with signature message of love, this story teaches the three magical words: please, thanks, and sorry.

Where to find:  NLB Catalogue

Rules, routines and taking turns

0 - 3
Years Old

12. Uh-Oh, Niko: Bedtime

Author: Chris Chatterton

Help little Niko change into pyjamas and get tucked into bed in this interactive board book packed with push-and-pull sliders and flaps.

Where to find:  NLB Catalogue

13. Jane Foster's Baby's First Stories: 4 Stories to Read Aloud

Author: Lily Murray

The book focusses on daily routines, from getting dressed, through mealtime, bathtime and back to bed: Help little ones as they start to join in family mealtimes, and settle into more regular patterns.

Where to find:  NLB Catalogue

14. VIP: Very Important Preschooler

Author: Cindy Jin

Follow five special VIPs on each day of the school week! Get preschoolers ready for the first day of school, highlighting the importance of being kind to friends, doing the right thing, and being a good leader.

Where to find:  NLB Catalogue  eBook

15. Let's Play!: A Bear & Penguin Story

Author: Rachael McLean

Bear and Penguin are playing The Longest Game but they have different ideas on the rules. This inventive board book helps navigate common toddler feelings and experiences.

Where to find:  NLB Catalogue

16. Me. You. Us.: Whose Turn?

Author: JaNay Brown-Wood

Two baby penguins fight and fuss over the iceberg slide, and then try sharing by taking turns. Can they figure out how to share a cuddle with Daddy, too?

Where to find:  NLB Catalogue  eBook

Everyone is unique - backgrounds, abilities, needs and/or opinions

3 - 4
Years Old

17. இரண்டும் உனக்குத்தான் (Both Are for You)

Authors: Usha Janarth and Thaajunisah Maidin

Anban's considerate actions towards a handicapped lady and an overwhelmed mother do not go unnoticed. Moved by Anban's thoughtfulness, the ice cream shop vendor rewards him.



Listening when others are talking, accepting differences in views/ideas

4 - 6
Years Old

18. Milo Imagines the World

Author: Matt de la Peña

Milo is on a long subway ride. To pass the time, he studies the faces around him and makes pictures of their lives. Find out how Milo realises that you can't really know anyone just by looking at them.

Where to find:  NLB Catalogue  eBook

19. The Big Umbrella

Author: Amy June Bates

By the door there is an umbrella. It is so big that when it starts to rain there is room for everyone underneath. It doesn't matter if you are tall or how many legs you have. Because there will always be room.

Where to find:  NLB Catalogue  eBook

20. Ploof

Author: Ben Clanton

Ploof is a puffy cloud who's a little lonely – but now you're here, and the fun can begin! This book offers a chance to learn social emotional skills through Ploof's emotional journey.

Where to find:  NLB Catalogue  eBook

21. Turtle in a Tree

Author: Neesha Hudson

Two dogs learn the importance of listening to others when they disagree over what they see in a tree.

Where to find:  NLB Catalogue

22. Your Name Is A Song

Author: Jamilah Thompkins-Bigelow

Frustrated by everyone mispronouncing her name, a girl does not want to return to school. In response, mother teaches her about the musicality of African, Asian, Black-American, Latinx, and Middle Eastern names on their walk home.

Where to find:  NLB Catalogue  eBook

23. Petal the Angry Cow

Author: Maureen Fergus

Petal is everything you could want in a cow. She is kind, thoughtful, a great baker and a wonderful artist. She also has a very big, out-of-control temper. And it doesn't help that her barnyard pals like to push her buttons.

Where to find:  NLB Catalogue  eBook

24. When a Dragon Goes to School

Author: Caryl Hart

When a dragon goes to school, will she throw the crayons and refuse to share the toys? Why, no! Dragons don't do that!

Where to find:  NLB Catalogue

25. Don't Be a Bully, Little Tiger!

Author: Carol Roth

Little Tiger is excited to go to school, but he doesn't always know how to behave. Through his teacher, he realises that small changes can make a big difference and treating others well can be fun!

Where to find:  NLB Catalogue

26. What If Everybody Said That?

Author: Ellen Javernick

A self-centered child is asked to consider what would happen if everyone behaved the way she did.

Where to find:  NLB Catalogue

27. Mind Your Manners

Author: Nicola Edwards

Welcome to the jungle full of misbehaving animals. With the help of memorable rhymes, children learn why it pays to say 'please', and how good manners make the world go round.

Where to find:  NLB Catalogue



Relationship Management

Social and Emotional Competency 4



Emotional connection

0 - 3
Years Old

01. Hand in Hand

Author: Alyssa Satin Capucilli

A parent and child set out for a fun-filled day of adventure. This rhyming book tells little ones that no matter where they are or what they're doing, all that really matters is doing it together, hand in hand.

Where to find:  NLB Catalogue  eBook

02. If There Never Was a You

Author: Amanda Rowe

If there never was a you, how empty life would be! This book gently reassures children that the place they hold in their parents' hearts can never be filled with anything else.

Where to find:  NLB Catalogue  eBook

03. Together

Author: Emma Dodd

This little sea otter loves spending time with his parent. In fact, every day this little sea otter spends with his parent is special, just because they are together.

Where to find:  NLB Catalogue

04. Love Counts

Author: Jo Parker

Count down from 10 and discover the many ways to spread love in the world! Young readers will learn 10 simple ways to share love with family, neighbours, animals, teachers...and even themselves.

Where to find:  NLB Catalogue  eBook

05. Healthy Healthy, Love Love Love

Author: Violet Lemay

This book filled with warm and lively illustrations shows toddlers how to love themselves and their friends, both when healthy and when sick.

Where to find:  NLB Catalogue

 represents resources with hyperlinks embedded

Show appreciation

0 - 3
Years Old

06. Thank You, Little Rabbit

Author: Michelle Carlslund

Little Squirrel is hungry, the geese have lost their way and Little Frog has lost his friends. Meet Little Rabbit as she looks after the other forest animals and makes them feel better.

Where to find:  NLB Catalogue

07. The Thank You Book

Author: Danna Smith

From thanking your teacher for teaching, to thanking your vet for caring, from sharing a hug, to giving a card, this book shows all the ways we can express gratitude.

Where to find:  NLB Catalogue

08. Bananas for you!

Author: Sabrina Moyle

This humour-filled board book sets out to help young children in expressing fondness for their loved ones.

Where to find:  NLB Catalogue  eBook

09. You Are My Sunshine

Author: Natalie Marshall

This book features interactive play on every page. Prompts to pull, slide, and spin allow the child to reveal hidden pictures while a shiny mirror starts a playful game of peek-a-boo!

Where to find:  NLB Catalogue

10. Babies

Author: Fiona Munro

A celebration of how great it is to be different, and how differences make us special – whether they're in babies, families or bodies.

Where to find:  NLB Catalogue

Work and play cooperatively with others

11. If I Had a Kangaroo

Author: Gabby Dawnay

Australia is full of wonderful wildlife, but what animal would make the best pet? The creative protagonist imagines the hopping highs and lows of having a kangaroo for a pet.

Where to find:  NLB Catalogue





12. Playdate for Panda

Author: Michael Dahl

Panda has never been on a play date before. Discover how Panda and Fox overcome their shyness, share toys, play games, learn to eat their snacks with manners, and have a fun day they will never forget.

Where to find:  NLB Catalogue

13. Baby Bug

Author: Wednesday Kirwan

Join Baby Bug on a delightful adventure with some adorable springtime critters who teach Baby Bug how to wiggle like a worm, roll like a roly-poly and splash in puddles!

Where to find:  NLB Catalogue  eBook

14. In The Forest

Author: Sue Downing

Introducing babies to the idea of friendship and what it means to have a friend, as well as gently covering the great diversity of forest life and their spectacular home.

Where to find:  NLB Catalogue

15. You're a Helper!

Author: Nicola Slater

It's a busy day for the Beginning Baby animal friends, and they could use some help! Young readers can push the embedded slides to help the characters with their activities around the house.

Where to find:  NLB Catalogue



Care and concern for others

16. Cikgu Sofia (Teacher Sofia)

Author: Murshidah Hassan

Teacher Sofia is hospitalised. Her students decide to visit their teacher, arriving at the hospital with a handmade card, and a fruit basket, demonstrating their care and concern for her.

17. பூலான் 气球 Belon (Balloon)

Author: Nisfawati Md Zainuddin

A boy's journey home with three free balloons becomes a series of losses, with one balloon given to comfort a fallen cyclist. Each loss deepens the boy's sadness, testing his resilience.

Emotional connection

18. Ini Siapa? (Who's This?)

Author: Hafizzah Bedin

A young girl and her father visit her mother in the hospital after the birth of her new sibling. On the way, she encounters various uniformed professionals, prompting questions about their roles.

Friendships or making friends

3 - 4
Years Old

19. Wawa & Wafa

Author: Nisfawati Md Zainuddin

Wawa and Wafa, two close friends, share daily activities until Wafa falls ill. Lonely, Wawa began to reflect on their shared experiences and friendship.

20. Kapal Terbang Kertas (Paper Airplane)

Author: Nur Izziana Kamaruddin

A gust of wind carries a girl's paper airplane out of her window, where it is found by another child. The creator's search for her lost plane leads to a chance meeting, where the girls discover they live in the same HDB block.

Work and play cooperatively with others

21. 合作汤 (Collaborative Soup)

Author: 黄椿淘 Wee Chun Tor Laverne

A group of hungry children went to a nearby community garden where they meet an elderly couple tending to vegetables. The story emphasises community spirit, teamwork, and nutritious eating.

22. Boleh Saya Bantu? (How Can I Help?)

Author: Hafizzah Bedin

Safi watches his classmates, wondering how he can help. When a friend's block structure falls, he assists. Safi and his friend later include a boy who accidentally disrupts their creation.

23. மாம்பழமாம் மாம்பழம் (Mango)

Authors: Thaajunisah Maidin and Usha Janarth

A mango tree in a preschool's compound bears ripe fruit, which the children and teachers harvest for a snack. After their lesson, they discover the mangoes have mysteriously disappeared.

24. 下一站, 去哪里? (Next Stop, Where To?)

Author: 李恺淇 Lee Khai Qi

Rain forces two children to cancel their outdoor play date. Bored indoors, they creatively use recycled materials found at home for entertainment. Delve into their imaginations as they explore make-believe worlds.

25. Ayuh, ikut Rudi! (Come On, Follow Rudi)

Author: Haslindah Mispan

The book depicts a day in the life of a preschool boy, beginning with his morning farewell to his parents and his father's journey to school with him.

26. பயப்படாதே! (Do Not Be Afraid!)

Authors: Usha Janarth and Thaajunisah Maidin

Azhagan and Amudhan get spooked out by shadows on their bedroom's wall on a windy, thundery and lightning streaked night. Is it just nature at play or is there something much scarier?

27. சேர்ந்து விளையாடலாம் (Let's Play Together)

Authors: Usha Janarth and Gowri Satyamurthi

Vimala goes to the beach to spend a day out with her family. She decides to build a sandcastle along the way, only to be eventually joined by new friends and even a visitor to their new sandcastle!

28. என் செல்லமே! 我的小宝贝 Sayangku (My Darling!)

Author: Wee Khang Ping

While playing on the playground slides, Meiling spots two cats, humorously mistaking one for her younger brother who is actually wearing a cat costume.

29. நீயும் சாப்பிடு! 你也来一个! Mari Berkongsi (Let's eat together!)" 

Author: Usha Janarth

A Family of river otters discovers mysterious fish bones, prompting an investigation. This search results in an encounter with a group of wild otters which formed an unexpected friendship.

3 - 4
Years Old

Friendships or making friends

4 - 6
Years Old

30. Ruby's Tools For Making Friends

Author: Apryl Stott

Ruby the fox uses tools to overcome her social anxiety during a class project at her new school.

Where to find:  NLB Catalogue 

31. Making Friends At School

Author: Margo Gates

Making friends is one of the most daunting aspects of school for young children. This book shares strategies for meeting new people, with child-friendly reflection questions.

Where to find:  NLB Catalogue 

32. Making Friends: A Book About First Friendships

Author: Amanda McCardie

Friendships are precious, but they can also be tricky to navigate, especially when you're little. We meet Sukie and Joe: two children making friends for the first time.

Where to find:  NLB Catalogue 

33. How to Find a Friend

Author: Maria S Costa

A rabbit and a squirrel are alone and lonely, each wishing for a friend. But as they go through their day, they keep missing each other, each totally oblivious to the other's presence.

Where to find:  NLB Catalogue 

34. When a Friend Needs a Friend

Author: Roozeboos

When Oskar feels sad and wants to be alone, his best friend Aya helps remind him of things he loved.

Where to find:  NLB Catalogue 

35. Tayra's Not Talking

Author: Lana Button

Tayra won't talk to her new classmates. Tayra won't even answer the teacher! Kitty decides she'll show Tayra things instead of telling her. Soon the pair are communicating with gestures, drawings and smiles.

Where to find:  NLB Catalogue 

36. The Noisiest Tree

Author: Evelyn Sue Wong

Little Mynah loves to entertain at home. When her new friend Karim says the birds in the tree are too noisy, she finds a way to open his ears and heart to the different sounds of everyday life in the neighbourhood.

Where to find:  NLB Catalogue  eBook

37. Elephants Live Upstairs!

Author: Melissa Ong

When elephants move into a HDB block, they create quite a ruckus. Over a cup of kopi and a chat, the elephants discover how to have fun while sharing and respecting their neighbours' space.

Where to find:  NLB Catalogue  eBook

38. Chatterbox Bear

Author: Pippa Curnick

Gary the bear is a chatterbox but when nobody wants to listen, he sets sail in search of new friends. Gary has to learn that words are not the only way to communicate and make new friends.

Where to find:  NLB Catalogue

39. Mina and the Big Bite

Author: Louis Growell

Join Mina, as she learns that biting can hurt and that there are LOTS of other ways to cope with difficult situations. This book helps little ones understand that teeth aren't to be used for biting friends!

Where to find:  NLB Catalogue

40. A Friendship Yarn

Author: Moser, Lisa

Neighbours Porcupine and Badger find their close friendship sorely tested when they accidentally knit from opposite ends of the same piece of yarn.

Where to find:  NLB Catalogue  eBook



Responsible Decision-Making

Social and Emotional Competency 5



Making choices or decisions

0 - 3
Years Old

01. If Animals Tried To Be Kind

Author: Ann Whitford Paul

A book that beautifully combines playful storytelling with important lessons on kindness and empathy that children can choose to practise.

Where to find:  NLB Catalogue  eBook

02. That's Mine!

Author: Sumana Seeboruth

After taking all the toy animals, a young girl realizes that sharing is more enjoyable than playing by herself.

Where to find:  NLB Catalogue

03. Go Get 'Em, Tiger!

Author: Sabrina Moyle

This book encourages children to be bold, brave, and unafraid to chase their dreams and decisions.

Where to find:  NLB Catalogue  eBook

04. Monster Food

Author: Daisy Hirst

This book features monsters eating both food and non-food items. Picky eaters and adventurous eaters will see themselves in this comedy of cuisine.

Where to find:  NLB Catalogue

05. I'm Thinking of an Ocean Animal

Author: Adam Guillain

Each child is thinking of an ocean animal. Read the clues, make a guess, and pull the slider to reveal the animal hiding in the beautifully illustrated scene.

Where to find:  NLB Catalogue

 represents resources with hyperlinks embedded

Show care for their own well being or environment

0 - 3
Years Old

06. My Burb Baby

Author: Rose Rossner

Enjoy a trip to the store, story time at the library, drawing with sidewalk chalk, blowing bubbles, and riding a tricycle. From SUV rides to backyard games, explore the world with Burb Baby.

Where to find:  NLB Catalogue  eBook

07. Miss Dotty's Potty School

Author: Tracey Corderoy

The animals bid farewell to their nappies and embrace their potties. It not only celebrates the journey of toilet training but also provides reassurance to toddlers that accidents are okay.

Where to find:  NLB Catalogue

08. The Sharing Badge

Author: Rebecca Gerlings

Join Duggee and the Squirrel Club as they embark on an adventure to earn their Sharing Badge.

Where to find:  NLB Catalogue

09. Donut Give Up

Author: Rose Rossner

The book introduces growth mindset to little ones and inspires them to believe in themselves.

Where to find:  NLB Catalogue  eBook

10. How To Brush Your Teeth With Snappy Croc

Author: Jane Clarke

Snappy needs help in brushing his teeth. The book encourages children to participate in Snappy's daily toothbrushing routine.

Where to find:  NLB Catalogue

Taking ownership and responsibility

11. Wake Up, Little Chicks

Author: Sabina Gibson

At dawn, mother animals encourage their young to wake up and prepare for their day, so turtles stretch, mice drink some water, and insects eat their breakfast.

Where to find:  NLB Catalogue  eBook

12. I Like To Be Helpful

Author: Marie Paruit

This book helps the little ones to understand why being helpful matters.

Where to find:  NLB Catalogue

13. What Do You Want, Little Friend?

Author: Marianne Dubuc

A joyful kitten, engrossed in playing with a kite, inadvertently injures a tiny bug. Concerned for its little friend's well-being, the kitten ponders the best way to help it feel better.

Where to find:  NLB Catalogue

0 - 3
Years Old

14. I Can Say Sorry

Author: Marie Paruit

This interactive book encourages the little ones to say sorry with meaning. Flaps, tabs, sliders and simple activities are included within the book to help.

Where to find:  NLB Catalogue

Show care for their own well being or environment

3 - 4
Years Old

15. 和哥哥去散步 (Going For a Walk With Big Brother)

Author: 李琼君 Lee Keng Chin

Two siblings, out for a walk in the community park, notice the problem of littering and started picking litter up. The story unfolds with various sights and scenes the brothers encounter through the journey.

16. அப்பா எங்கே? (Where is Father?)

Authors: Usha Janarth and Thaajunisah Maidin

The book is about Kala and her parents who go to a carnival only to have her father go missing. Kala eventually manages to find her father with her resourcefulness.

17. மியாவ்... மியாவ்... (Meow... Meow...)

Author: Usha Janarth

Aadhavan and his mother chance upon a cat on their way to school and were puzzled by the cat's unusually large stomach. Imagine Aadhavan's surprise when he finds out that it had given birth to a litter of kittens!

18. போகாதீர்கள்! போகாதீர்கள்! (Don't Go! Don't Go!)

Authors: Usha Janarth and Shamini Subramaniam

Kavitha dreams of her neglected playthings wanting to leave. Awoken, she realises that it was a dream but promptly begins putting her toys away.

19. எதைப் போல இருக்கிறது (What Is It Like?)

Authors: Usha Janarth and Shamini Subramaniam

A class outdoor walk becomes a canvas for Kabilan and Yazhini's imaginative exploration of their surroundings. The story showcases the children's ability to relate natural elements to familiar objects and experiences, highlighting their curiosity and creativity.

20. அஞ்சு எங்கே போனது? 小鸚鵡去哪里? Di Mana Anju? (Where Did Anju Go?)

Author: Usha Janarth

Mr Muthu's parrot, Anju, escapes while he fetches a mango treat. During its brief adventure, Anju observes other pets and families, gaining a deeper appreciation for its home.

21. **நான் செய்வேனே! 我都做得到! Saya Boleh! (I can do it!)** 

Author: Nisfawati Md Zainuddin

Inspired by her teacher, Aminah begins developing independence in daily routines. Her parents' praise reinforces her growing sense of accomplishment.

3 - 4
Years Old

22. **Hujan, Oh, Hujan! (Rain, Oh Rain)** 

Author: Nisfawati Md Zainuddin

Rain thwarts Amar's outdoor plans, leading him to seek comfort from his busy parents. Undaunted by their unavailability, the boy devises a creative solution to his boredom.



Reflectiveness and appreciation

4 - 6
Years Old

23. **The Pout-Pout Fish Cleans Up The Ocean**

Author: Deborah Diesen

Mr. Fish and his friends notice something strange in their ocean – a big, big MESS! This book teaches little guppies how to take responsibility for their actions and for the environment.

Where to find:  NLB Catalogue 

24. **I Am Human: A Book of Empathy**

Author: Susan Verde

This book offers a hopeful celebration of the human family, affirming that although we may make mistakes, we can make good choices by acting with compassion and having empathy for others and ourselves.

Where to find:  NLB Catalogue 

25. **Stickler Loves the World**

Author: Lane Smith

Stickler, a woodland creature reminds us to appreciate the everyday wonders we often ignore. Readers will find Stickler's enthusiasm irresistible as they see the world through new eyes.

Where to find:  NLB Catalogue 

26. **You Are My Happy**

Author: Hoda Kotb

As mama bear and her cub cuddle at bedtime, they reflect on the everyday wonders of life that make them happy. This lullaby explores the simple joy of taking a moment to be grateful.

Where to find:  NLB Catalogue 

Recognise their mistakes and apologise

4 - 6
Years Old

27. How to Apologize

Author: David LaRochele

Wouldn't the world be a better place if everyone knew how to apologise? This book is full of practical tips about when, why, and how to say you're sorry.

Where to find:  NLB Catalogue

28. The Bad Seed Goes to the Library

Author: Jory John

The Bad Seed finds a cool book at the library, available for checkout. The Bad Seed reads the book. But suddenly, he gets bad news: the book must be returned to the library so another seed can enjoy it.

Where to find:  NLB Catalogue  eBook

29. Sorry (Really Sorry)

Author: Joanna Cotler

Cow passes her anger along to Duck who takes it out on Frog who is mean to Bird who upsets Goat who bothers Pig. Until good-hearted Dog turns things around by showing kindness to Pig, turning not sorry into sorry (really sorry).

Where to find:  NLB Catalogue  eBook

30. I'm Sorry

Author: Michael Ian Black

Flamingo is upset. Potato is sorry but he doesn't know how to tell Flamingo. He would rather run away to the South Pole and live with penguins. But will that be enough to fix their friendship?

Where to find:  NLB Catalogue

31. Sonny Says Sorry!

Author: Caryl Hart

Sonny and his friend Boo learn to say sorry and make things right after they eat Honey's cake.

Where to find:  NLB Catalogue  eBook



 represents resources with hyperlinks embedded